

Results

In some cases results are best given in an appointment with the Doctor so a review of the medical condition can be



performed.

Therefore the doctor may ask you to return for the results of a test rather than receive them

over the telephone.

In certain cases the Doctor may deem it appropriate to give the result over the phone. In this case when you call for the result a trained 'results staff member' will provide the result over the phone based on the comments left by your Doctor. As

this practice strongly discourages the giving out of results over the counter we request you telephone for them. This is to protect your privacy and patient confidentiality. The comment left by your

Doctor will determine whether any further actions are to be taken. Please note that the patient themselves must phone for the results.



Nelson Bay Medical Centre

39 Stockton Street
Nelson Bay NSW 2315

Phone: 4981 1722

Fax: 4984 1455

Salamander Bay Medical Centre

Shop 1 Salamander Shopping
Centre Salamander Bay NSW 2317

Phone: 4982 7660

Fax: 4984 6213

Soldiers Point Medical Centre

253 Soldiers Point Road
Salamander Bay NSW 2317

Phone: 4982 7674

Fax: 4982 0671

Call Centre Times

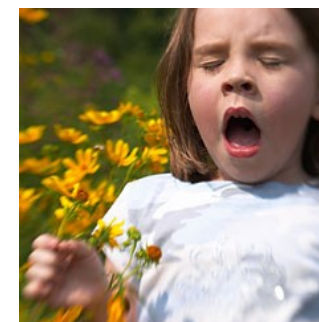
The call centre operates from Nelson Bay from
7:45am to 5:30pm Mondays o Friday
And Saturday from 8:00am-11:30am
For appointments or any enquiries please call

49811722—49827660— 49827674



Hay fever

Hay fever is the common name for a condition called allergic rhinitis, which means an allergy that affects the nose. Most people associate hay fever with



spring, when airborne pollens from grasses are at their peak. However, hay fever can occur at any time of the

year. This is known as perennial allergic rhinitis which is usually caused by a reaction to allergens around the homes such as dust mites, moulds or animal hair or fur. If symptoms persist, please consult a doctor.

Appointment Times

If you feel for any reason that you may require a longer appointment, please



advise reception staff at the time of booking so that this can be arranged. Also please

remember to cancel appointments if they are not needed.

Spring Find-a-Word

f	b	h	n	h	h	y	e	w
e	g	a	p	d	h	t	r	x
m	f	l	a	w	e	r	u	a
i	a	l	a	m	e	e	l	n
t	s	u	p	m	k	e	q	l
g	g	y	z	n	h	f	w	u
n	r	e	h	t	e	a	w	q
i	h	t	x	b	l	d	x	e
r	w	r	g	r	a	s	s	s
p	q	e	c	v	a	s	z	t
s	e	a	s	a	n	s	w	g

Flower Weather Equinox
Trees Grass Seasons
Springtime Temp

Overview Dr. Bingham & Dr. Serfontein

Dr. Leigh-Anne Bingham and Dr. Rickert Serfontein are our husband and wife doctors whom are a great asset to the Nelson Bay Medical Group.

Dr. Leigh-Anne Bingham is currently working Salamander Bay Surgery on Mondays and at Nelson Bay on Tuesdays.

Dr. Rickert Serfontein is operating out of our Salamander surgery Mondays, Tuesdays, and half days on Thursdays and also out at our Soldiers Point Road surgery on Wednesdays and Fridays.

Dr. Rickert Serfontein is experienced in Aged Care, Paediatric Health and also Accidents and Emergencies.

Dr. Leigh-Anne Bingham's special interests include Women's Health and Gynaecology.

Are you Aboriginal and/or Torres Strait Islander?

Have a chat with your doctor about a health check. We provide many services for the Aboriginal and Torres Strait Islander community.

These free services aim to:

- Increase overall health and wellbeing
- Improve access to culturally sensitive primary care services
- Improve management of chronic conditions for Aboriginal people and their carers/family living within the Hunter community

Benefits include:

- 715 Health Checks
- Immunisations
- Men's or women's health
- Children/youth health services
- Allied health and dental services
- Local community services
- Chronic disease management
- PBS Co-payment measure

